



## COVID-19 Phase 4 Program & Facility Guidelines

The Village of Lincolnwood Parks and Recreation Department's top priority is to ensure the safety of all program participants and staff. To ensure we are adhering to all Illinois Department of Public Health guidelines, a new series of rules and best practices have been put into place. Guidelines may be updated at any time; participants will be notified of any adjustments if that were to occur.

When using any park facilities group sizes are limited to 50 patrons. Multiple groups are permitted if groups of 50 or less maintain a minimum of 30 feet distance between each other.

### Before Play

**Self-Check: How do you feel?** If you are experiencing any illness symptoms including fever, cough, or shortness of breath, do not enter the area and do not participate in play.

**Waiver/Daily Pre-Screen** All Lincolnwood program participants are required to have signed waiver and daily health pre-screen. Field and facility renters are required to have a signed Rental Release and Waiver Regarding COVID-19.

**Cleaning** Wash your hands for at least 20 seconds with soap and water. Sanitize any equipment you that you will bring with you to play.

**Considerations** Consider taking extra precautions such as wearing gloves, bringing disposable water bottles, using disposable bags, etc.

### During Play

**Social Distancing** Participants should maintain 6 feet of distance and minimize interaction with groups at all times unless otherwise stated. Refrain from any physical contact such as handshakes, fist bumps and high fives.

**Group Sizes** Groups sizes are limited to 50 patrons with multiple groups permitted if a minimum of 30 feet distance between each group is adhered to. This includes instructors, coaches, umpires, referees and participants.

**Drop Off/Pick Up** All participants will be provided guidelines specific to their program areas in regards to drop off and pick up. In general, participants will arrive and go directly to their personal designated space. The instructor will take attendance from those locations. At pick up, parents and guardians may arrive at the designated spectator location and wait until their child has been called.

**Avoid Shared Touchpoints** All shared touchpoints will be cleaned at the beginning of the program and immediately following. When possible, refrain from handling any equipment other than your own personal items.



### During Play (continued)

**Bathrooms and Water Fountains** Water fountains will remain turned off at this time. Bathrooms will be available upon request (the doors will be locked when not in use and closed to the public). In order to avoid having to leave program, we encourage you to use the bathroom prior to the start of the program and bring a bottle of water.

**Hand Sanitizer** We recommend that you bring your hand sanitizer and use it frequently during play especially after you touch your face, nose or mouth. The Village of Lincolnwood will provide hand sanitizer during programs.

**Personal Items** Keep all personal items at least 6 feet away from other participants. Each person will have a dedicated space to keep their personal items.

**Face Masks** Face masks must be worn in accordance with the State Executive Order when 6 feet of distance cannot be maintained before and after play. Face masks are not required during active play if social distancing is being followed.

**Spectators** It is encouraged that parents and guardians drop off their children at the beginning of the program and return at the end of the program. If parents and guardians choose to stay, they are only permitted in the designated spectator location and must maintain 6 feet of distance between all non-household members. Spectators are NOT included in the 50 patron maximum.

**Static Play** Coaches, instructors, umpires, officials, referees and players shall only interact with one group at a time. The program should be static, mixing of participants and staff is strongly discouraged.

**Food & Beverage** It is strongly discouraged to share food and beverages among patrons before or after play.

### After Play

#### Departure

Leave your program area as soon as possible. No extra-curricular or social activity should take place. No congregating after programs.

#### Cleaning

Wash your hands thoroughly for 20 seconds or use hand sanitizer.

### Acknowledgement

I \_\_\_\_\_ (print full name) hereby acknowledge that I have read and understand the policies set forth in the 'COVID-19 Phase 4 Program & Facility Guidelines'.

Signature \_\_\_\_\_ Date \_\_\_\_\_